



Trauma Education

presented by Dr Leah Giarratano

Leah is a doctoral-level clinical psychologist and author with vast clinical and teaching expertise in CBT and traumatology since 1995

Two highly regarded CPD activities for all mental health professionals: **14 hours for each activity**

Both workshops are endorsed in Australia by the AASW, ACA and ACMHN – level2

Offered internationally as self-paced online or via 2-day livestream

Clinical skills for treating post-traumatic stress disorder

Treating PTSD: Day 1 - 2

This two-day program presents a highly practical and interactive workshop (case-based) for treating traumatised clients; the content is applicable to both adult and adolescent populations. The techniques are cognitive behavioural, evidence-based, and will be immediately useful and effective for your clinical practice. In order to attend Treating Complex Trauma (Day 3-4), participants must have first completed this 'Treating PTSD' program.

1/2/21 to 1/5/21 self-paced online INT
4-5 March 2021 Livestream AU

1/4/21 to 1/7/21 self-paced online INT
3-4 June 2021 Livestream AU

17-18 June 2021 Livestream NZ

1/7/21 to 1/10/21 self-paced online INT
16-17 September 2021 Livestream UK

1/10/21 to 1/1/22 self-paced online INT
18-19 November 2021 Livestream AU

Clinical skills for treating complex traumatised

Treating Complex Trauma: Day 3 - 4

This two-day program focuses upon phase-based treatment for survivors of child abuse and neglect. Applicable to both adult and adolescent populations, incorporating practical, current experiential techniques showing promising results with this population; drawn from Emotion focused therapy for trauma, Metacognitive therapy, Schema therapy, Attachment pathology treatment, Acceptance and Commitment Therapy, Cognitive Behaviour Therapy, and Dialectical Behaviour Therapy.

1/2/21 to 1/5/21 self-paced online INT
11-12 March 2021 Livestream AU

1/4/21 to 1/7/21 self-paced online INT
10-11 June 2021 Livestream AU

24-25 June 2021 Livestream NZ

1/7/21 to 1/10/21 self-paced online INT
23-24 September 2021 Livestream UK

1/10/21 to 1/1/22 self-paced online INT
25-26 November 2021 Livestream AU

Program fee

Day 1-2 or Day 3-4: \$795 Australian Dollars

Day 1-4 fee \$1,390 Australian Dollars

Self-paced online program is engaging and not a recording of a past live event.

The livestream is highly interactive and includes breakout groups.

Program fee includes Australian GST. Register directly on our website for a single workshop and note you must have first completed Day 1-2 to attend Day 3-4.

Note that attendee withdrawals attract a processing fee of \$77. No withdrawals are allowed in the ten days prior to the workshop start date; however, positions are transferable to anyone you nominate (or to an online offering).

Please visit www.talominbooks.com for further details about Leah's books and these training offerings

