

SUSTAINABLE THINKING BOX

THINK

REDUCE

IMAGINE



CREATE
YOUR OWN
BOX

EXPLORE

BECOME

JOIN US!
Tuesday, August 25, 2020
from 2:00 to 3:30 pm
#ThinkOutsideTheBox

We often hear the advice of thinking outside the box.

Have you ever thought of asking what is this box that you have? How could you think about thinking outside the box without knowing what this box really is?

Through a set of activities of self-reflections, discussions, insights, thoughts, and searches, you could create your own “box” – your personal boundaries of thinking, believing, and acting.

From creating your own “box”, or the perceptions that you have built yourself over time, you can then let go of things that you think are suitable about yourself but actually do not work. You can then build a set of new beliefs and ways of thinking by looking into ways that you could improve in, and break down those that may hinder your progress of one’s self.

By the end of the online session, you will have more ideas about old self-beliefs that limit your potential, and build into new strengths and actions. In the age of searching for the new normal, you too can build a bigger and better “box” by literally thinking outside the old one.

Who should attend:

- Learning & Development Professionals
- Change Agents
- Trainers
- Facilitators
- Coaches
- Educators

Building the better box can give a lot of benefits for you.

- Improve yourself;
- Reduce negative thoughts that lead to negative impacts;
- Create positive thoughts that lead to positive actions;
- Imagine more things that can actually solve a problem in the world;
- Become more progressive in your physical, mental, and social actions; and
- Explore of ways to creating your own path to sustainable development.

You will be guided by facilitators that have seen the potential in building new boxes in people through self-reflection, discussions, challenges in thinking, future-directing thinking and sustainability goal-setting, behavior-changing, and openness in others’ ideas through a 90-minute virtual learning experience.

