



Trauma Education

presented by Dr Leah Giarratano

Leah is a doctoral-level clinical psychologist and author with vast clinical and teaching expertise in CBT and traumatology since 1995

Two highly regarded CPD activities for all mental health professionals: **14 hours for each activity**

Both workshops are endorsed by the AASW, ACA and ACMHN – level2

Offered in capital cities, self-paced online and via 2-day livestream

Clinical skills for treating post-traumatic stress disorder

Treating PTSD: Day 1 - 2

This two-day program presents a highly practical and interactive workshop (case-based) for treating traumatised clients; the content is applicable to both adult and adolescent populations. The techniques are cognitive behavioural, evidence-based, and will be immediately useful and effective for your clinical practice. In order to attend Treating Complex Trauma (Day 3-4), participants must have first completed this ‘Treating PTSD’ program.

1/9/20 to 1/12/20 self-paced online
1 - 2 October 2020 Livestream
13 – 14 October 2020, Perth CBD
20 – 21 October 2020, Brisbane CBD
27 - 28 October 2020, Auckland CBD
1/11/20 to 1/2/21 self-paced online
10 – 11 November 2020, Sydney CBD
17 – 18 November 2020, Adelaide CBD
24 - 25 November 2020, Melbourne CBD

Clinical skills for treating complex traumatising

Treating Complex Trauma: Day 3 - 4

This two-day program focuses upon phase-based treatment for survivors of child abuse and neglect. Applicable to both adult and adolescent populations, incorporating practical, current experiential techniques showing promising results with this population; drawn from Emotion focused therapy for trauma, Metacognitive therapy, Schema therapy, Attachment pathology treatment, Acceptance and Commitment Therapy, Cognitive Behaviour Therapy, and Dialectical Behaviour Therapy.

1/9/20 to 1/12/20 self-paced online
8 - 9 October 2020 Livestream
15 – 16 October 2020, Perth CBD
22 – 23 October 2020, Brisbane CBD
29 - 30 October 2020, Auckland CBD
1/11/20 to 1/2/21 self-paced online
12 – 13 November 2020, Sydney CBD
19 – 20 November 2020, Adelaide CBD
26 - 27 November 2020, Melbourne CBD

Program fee

Day 1-2 or Day 3-4: \$795 (same fee for capital city, online or livestream in 2020)

Day 1-4 fee \$1,390 (same fee for capital city, online or livestream in 2020)

Please consider our self-paced online program or interactive two-day livestream if you are concerned about COVID-19. Note that in 2021, fees for capital city events will be higher

Program fee includes GST. Register directly on our website for a single workshop and note you must have first completed Day 1-2 to attend Day 3-4.

Note that attendee withdrawals attract a processing fee of \$77. No withdrawals are allowed in the ten days prior to the workshop start date; however, positions are transferable to anyone you nominate (or to an online offering).

Please visit www.talominbooks.com for further details about Leah’s books and these training offerings

