

# Trauma Education

### presented by Dr Leah Giarratano

Leah is a doctoral-level clinical psychologist and author with vast clinical and teaching expertise in CBT and traumatology since 1995

Two highly regarded CPD activities for all mental health professionals: **14 hours for each activity** Both workshops are endorsed by the AASW, ACA and ACMHN – level2

Offered in capital cities, self-paced online and via 2-day livestream

## Clinical skills for treating post-traumatic stress disorder

#### Treating PTSD: Day 1 - 2

This two-day program presents a highly practical and interactive workshop (casebased) for treating traumatised clients; the content is applicable to both adult and adolescent populations. The techniques are cognitive behavioural, evidence-based, and will be immediately useful and effective for your clinical practice. In order to attend Treating Complex Trauma (Day 3-4), participants must have first completed this 'Treating PTSD' program.

1/9/20 to 1/12/20 self-paced online 1 - 2 October 2020 Livestream 13 - 14 October 2020, Perth CBD 20 - 21 October 2020, Brisbane CBD 27 - 28 October 2020, Auckland CBD 1/11/20 to 1/2/21 self-paced online 10 - 11 November 2020, Sydney CBD 17 - 18 November 2020, Adelaide CBD 24 - 25 November 2020, Melbourne CBD

### Clinical skills for treating complex traumatisation

#### Treating Complex Trauma: Day 3 - 4

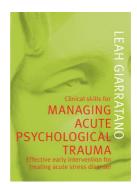
This two-day program focuses upon phasebased treatment for survivors of child abuse and neglect. Applicable to both adult and adolescent populations, incorporating practical, current experiential techniques showing promising results with this population; drawn from Emotion focused therapy for trauma, Metacognitive therapy, Schema therapy, Attachment pathology treatment, Acceptance and Commitment Therapy, Cognitive Behaviour Therapy, and Dialectical Behaviour Therapy.

1/9/20 to 1/12/20 self-paced online 8 - 9 October 2020 Livestream 15 - 16 October 2020, Perth CBD 22 - 23 October 2020, Brisbane CBD 29 - 30 October 2020, Auckland CBD 1/11/20 to 1/2/21 self-paced online 12 - 13 November 2020, Sydney CBD 19 - 20 November 2020, Adelaide CBD 26 - 27 November 2020, Melbourne CBD









#### **Program fee**

Day 1-2 or Day 3-4: \$795 (same fee for capital city, online or livestream in 2020) Day 1-4 fee \$1,390 (same fee for capital city, online or livestream in 2020) Please consider our self-paced online program or interactive two-day livestream if you are concerned about COVID-19. Note that in 2021, fees for capital city events will be higher

Program fee includes GST. Register directly on our website for a single workshop and note you must have first completed Day 1-2 to attend Day 3-4.

Note that attendee withdrawals attract a processing fee of \$77. No withdrawals are allowed in the ten days prior to the workshop start date; however, positions are transferable to anyone you nominate (or to an online offering).

Please visit <u>www.talominbooks.com</u> for further details about Leah's books and these training offerings