## $\star$ 2019/2020 DAWN FARM EDUCATION SERIES $\star$

#### PROVIDING FREE INFORMATION ON ADDICTION AND RECOVERY FOR 29 YEARS

All programs are open to recovering folks, those interested in recovery, family and others affected by substance use, students and professionals. ALL ARE WELCOME. FREE CEU's (1.5 hours) for addiction professionals (MCBAP Approved Education Provider). Registration is not required.

September 17, 2019
Does Addiction Treatment Work?
by Dr Carl Christensen, MD, PhD, D-FASAM

September 24, 2019
Addiction and Families
by Dr. Lynn Kleiman Malinoff, Ed.D

THERE WILL BE NO PROGRAM on OCTOBER 15, 2019!

October 22, 2019
An Introduction to Cultivating
Mindfulness to Support Recovery
by Dr. Elizabeth A.R. Robinson, MPH, MSW, Ph.D

October 29, 2019
Safe and Effective Management of Pain and Addiction

by Dr. Carl Christensen, MD, Ph.D., D-FASAM; and Dr. Mark A. Weiner, MD, D-FASAM

# November 19, 2019: Real Talk about Tobacco and Mental Health/ Substance Use Disorder Recovery

by Rosemary Bak Lowery, MS, CHES®, CNP, ACSM-CPT; Health Educator, Tobacco Treatment Specialist at University of Michigan's Tobacco Consultation Service

#### November 26, 2019: Being a Parent In Recovery

by Mary Jo Desprez, MA; Director, Wolverine Wellness, University of Michigan Health Service; and Amber Horwitz, B.S., MSW candidate and Founder, Proud Parents of Loss December 17, 2019: Yoga: A Holistic Approach to Substance Use Disorder Recovery

by Erin Shawgo, LLMSW, CIYT, C-IAYT; Outpatient Therapist Dawn Farm

January 21, 2020: Trauma, Chemical Use and Addiction

by Dr. Tana Bridge, PhD, ACSW, LMSW, ACTP;
Professor of Social Work
Eastern Michigan University

January 28, 2020: How Can Communities Support Recovery?

by Anna Byberg, LMSW, CAADC, Clinical Director, Dawn Farm Community of Programs

#### February 18, 2020: Addiction and Older Adults

by Charles E. Coleman LLMSW, Primary Therapist, Dawn Farm Downtown; Matthew Cremin, LLMSW; Foreclosure Prevention Coordinator, Housing Bureau for Seniors

February 25, 2020: Addiction 101

by James Balmer, President
Dawn Farm

March 17, 2020:
Behavioral Addictions:
Don't Worry, It's Not a Problem for Me
by Dr Carl Christensen, MD, PhD, D-FASAM

#### ALL PROGRAMS 7:30 PM TO 9:00 PM

Location: September 2019 through December 2019 programs will be held at the St. Joseph Mercy Michigan Heart and Vascular Institute auditorium, 5325 Elliott Drive, Ypsilanti Michigan 48197.

Park in parking area "M."



January 2020 through June 2020 programs will be held at the St. Joseph Mercy Hospital Education Center auditorium, 5305 Elliott Drive, Ypsilanti Michigan 48197. Park in parking area "P."



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# March 24, 2020 What about Weed? The Cannabis Controversy: Past, Present, and Future

by Dr. Stephen Strobbe, PhD, RN, PMHCNS-BC, CARN-AP, FIAAN, FAAN; Clinical Professor, University of Michigan School of Nursing and the Department of Psychiatry

# March 31, 2020 Facing Grief and Loss in Addiction and Recovery

by Jerry Fouchey, BS, MA, SpA, CADC; Dawn Farm Lifestyle Medicine Therapist and Didactic Group Facilitator

#### April 21, 2020 Intervention to Durable Recovery: The Power of Family

by Debra Jay and Jeff Jay, best-selling authors, educators and clinicians (book sale/signing opportunity following the presentation)

# April 28, 2020 SPECIAL EVENT: A History of the Basic Text of Narcotics Anonymous

by Chris Budnick, MSW, LCSW, LCAS, CCS. (Reception/meet-and-greet time preceding the presentation, from 6:30-7:30pm)

#### May 19, 2020 Relapse Prevention

by Jason Schwartz, LMSW, ACSW, MAC; Director, Behavioral Health St. Mary Mercy – Livonia

#### May 26, 2020

## Co-Occurring Eating Disorders and Addiction: Implications for Recovery

by Tiffany Schultz, LMSW; Outpatient Therapist Dawn Farm

# June 16, 2020 People Like Me: Mutual Aid and Recovery from Substance Use Disorders

by Todd Diana,
Dawn Farm Recovery Support Specialist;
panel of recovering individuals

#### June 23, 2020 Coordinating a Community Response to the Opioid Epidemic

by Molly Welch Marahar, MPP, Opioids Policy Analyst, Michigan Public Health Institute; and Carrie Rheingans, MSW, MPH; WHI Project Manager, Center for Healthcare Research & Transformation, and a panel of professional experts

#### June 30, 2020 Sexuality in Addiction Recovery

by Jerry Fouchey, BS, MA, SpA, CADC; Dawn Farm Lifestyle Medicine Therapist and Didactic Group Facilitator.

### CELEBRATING OUR 29TH YEAR! 1990 - 2019

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