



# **Indepth Research Institute**

Africa's Leading Training and Consultancy Centre  
since 2003

## **Monitoring and Evaluation (M&E) & Impact Assessment of Food and Nutrition Security Programmes Course**

### **Module 1: Fundamentals of Monitoring and Evaluation**

- What is M&E?
- Significance of M&E
- Principles and concepts in M&E
- M&E and the project lifecycle
- Complementary roles of monitoring and evaluation

### **Module 2: Food Security and Nutrition M&E Frameworks**

- Food security and nutrition conceptual frameworks
- Food security and nutrition results frameworks
- Logical framework analysis
- Food security and nutrition projects design using LogFrames

### **Module 3: Food Security and Nutrition Indicators**

- Food security and nutrition indicators
- Indicator metrics
- Link between indicators and results
- Indicator Matrix
- FSN indicator performance tracking

## **Module 4: M&E System design and M&E Planning in FSN**

- Importance of an M&E Plan
- Components of an M&E Plan
- Design Principles for monitoring and evaluation
- Using M&E plan to implement M&E in a project
- M&E plan against performance management plan

## **Module 5: M&E Considerations for Sector Specific Programming**

- Food availability
- Food access
- Food utilization
- Stability
- Market Information

## **Module 6: M&E Considerations for Health and Nutrition**

- Selection of indicators
- Integrated disease surveillance and nutrition surveillance systems
- Nutrition

## **Module 7: Data Management for M&E in FSN**

- Sources of M&E data
- Qualitative data collection methods
- Quantitative data collection methods
- Participatory methods of data collection

## **Module 8: Data Analysis**

- Data cleaning
- Qualitative data analysis
- Quantitative data analysis
- Data interpretation and reporting

## **Module 9: Gender consideration in M&E for FSN**

- Gender integration during project activities design
- Gender indicators in food security and nutrition programs
- Cross-cutting gender issues in FSN
- Role of M&E in addressing gender
- Measure of gender outcomes

## **Module 10: Evaluation of Food Security and Nutrition Programs**

- Determining evaluation points from results framework
- Components of evaluations, implementation and process evaluations
- Evaluation designs
- Performance evaluation process
- Evaluation findings, sharing, and dissemination

## **Module 11: Impact Assessment of FSN Programs**

- Introduction to impact evaluation
- Impact assessment in program design
- Attribution in impact evaluation
- Impact evaluation methods

## Module 12: M&E Results Use and Dissemination

- Use of M&E results to improve and strengthen FSN projects
- Use of M&E Lessons learned and best practices
- M&E reporting
- Design, monitoring, and evaluation of resilience interventions



[www.indepthresearch.co.rw](http://www.indepthresearch.co.rw)



+250789621067



[outreach.rwanda@indepthresearch.org](mailto:outreach.rwanda@indepthresearch.org)



[www.indepthresearch.org](http://www.indepthresearch.org)



+254715077817



[outreach@indepthresearch.org](mailto:outreach@indepthresearch.org)