

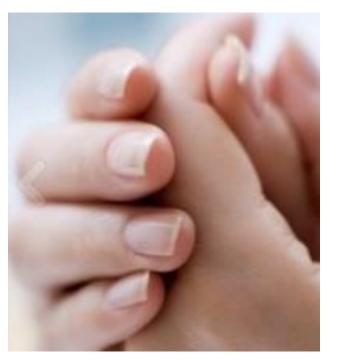


EMOTIONAL INTELLIGENCE

...gives you powerful solutions and skills to:

- transform anger, stress, fear and relationship issues
 - have greater happiness, relaxation and joy

- achieve enhanced performance and success



DR. A. DORIS GREENWOOD

International Certifying NLP Master Trainer, German ND Naturopathic Doctor & Counselor. Expert in Communications and Leadership Business Coach. The only Emotional Intelligence integrating the powerful tools of **NEURO-LINGUISTIC PROGRAMMING**

www.DorisNLP.com www.ConsciousSolutionsNLP.com

2 – 5 Day Training



EMOTIONAL INTELLIGENCE

5 – Day Certification

Many people today experience that stress or anxiety dominate their daily experiences. Frustration and sadness can easily take over. Limiting or troublesome emotions are hindering our performance, productivity and our life's quality. Many of our unreflected or even destructive behaviors seem to be triggered automatically as if "no choice". We then regret what we say or do and have unresourceful interactions, even conflict. How much time, momentum and money, may we lose this way every day? Don't we wish to overcome those traps?



Emotions are powerful forces that drive us and determine how we interact and perform. They are a major element for our decision making and of how we motivate ourselves and others.

Learn To: Run your emotions rather than your emotions running you!

Free yourself from any misery! Transform limiting emotions through powerful hands-on tools. Learn how to have more joy, laughter and happiness in your life!

IQ & EQ



EMOTIONAL INTELLIGENCE

It is not the smartest people that are the most successful or the most fulfilled in life. Research today shows that academical brilliance and intellectual intelligence (IQ) are not enough any more to be successful in life. Effective leaders who demonstrate outstanding performance and receive highgrade feedback have a high EQ (Emotional Quotient).

This program will provide measurable tools to help you handle your emotions more consciously and professionally. You will receive practical tools to:

- Transform emotions that create negative effects into resourceful states of mind.
- Strengthen emotions that support your goals and bring you more satisfaction, joy and happiness.
- Express emotions appropriately and authentically. Learn emotional intelligent and effective communication.
- Enhances your personal and professional satisfaction and success.



For complete page on detailed objectives please see <u>www.DorisNLP.com/Elobjectives</u>



EMOTIONAL INTELLIGENCE

Dr. A. Doris Greenwood has worked as a therapist, one-on-one and group therapy, for more than 27 years. As Naturopathic Doctor and Counselor from Germany she spent more than two decades guiding primal therapy, childhood de-conditioning and Reichian and Lowen Bioenergy. She is an expert working with trauma, sexual abuse and addictions.

Doris is also a corporate trainer and sales expert. She believes that the essence of business success lies in the power of utilizing emotions and relationships.

As the only Master Trainer of Neuro-Linguistic Programming from the Society of NLP in India she is dedicated to defining and achieving outcomes. She melts and merges the two domains, therapy and NLP, in a unique way by building the ability to feel the richness of emotions and at the same time applying NLP's power to facilitate change quickly, powerfully and long-lasting. Her greatest passion is to help people become masters of their emotions and inner processes and so contribute to a world with more respect, love and peace.

CREDENTIALS OF DR. A. DORIS GREENWOOD

- Certified Master Trainer of NLP & Emotional Intelligence (Society of NLP, CA & ANLP India)
- Doctor of Naturopathy & Counselor, Germany
- Business Growth and Sales Coach
- Educator for Organizational Wellness
- Internationally recognized Expert in Communication and Leadership

Program Details



EMOTIONAL INTELLIGENCE

Program Format

2-day, Sat – Sun, Foundation Level
5-day, Sat – Wed, El Practitioner Certification
5-day, Sat – Wed, El Master Certification

<u>Dates</u>

See up-dates on website calendar

Investment

RS 35000 for 5 days, 15000 for 2 days, includes EQ test with personalized feedback *Ask for early enrolment discount Registration to secure your seat at <u>www.DorisNLP.com</u> or here*

Enrollment & More Information

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